# ACL Laboratories Announces Changes to First Trimester Prenatal Screening and Sequential Screening NTD Assays

July 2022

Effective Saturday, July 23, 2022, NTD Laboratories, ACL's vendor for first trimester and sequential screening assays, will close its laboratory. Any specimens received at NTD Laboratories after July 23 will not be tested. Due to this laboratory closure, ACL will transition first trimester and sequential screening to our primary reference laboratory, ARUP. To faciliate this change, ACL has created three replacement test order codes, which will go-live in Epic on Thursday, July 21, 2022 (see chart below).

Test Name	<b>Current Test Order Code</b>	Test Order Code Effective 7/21/2022
First Trimester Prenatal Screen	FTPSCN	LAB11270
Sequential Screening NTD Assays	STSSEQ	N/A
Sequential Screen, Specimen #1	N/A	LAB11271
Sequential Screen, Specimen #2	N/A	LAB11272

## **Notable Changes**

## **Specimen requirements**

• Any first trimester maternal serum screen at ARUP requires a serum specimen, not a finger stick sampling. Any blood spot cards received after July 21 will be rejected and recollection will be required.

# Gestational age eligibility

- First trimester
  - Specimen must be drawn between 11 weeks, 0 days and 13 weeks, 6 days. Crown-rump length (CRL) must be between 43-83.9 mm at time of specimen collection.
  - NT must be measured when the CRL is between 38-83.9 mm.
- Second trimester
  - Specimen must be drawn between 14 weeks, 0 days and 24 weeks, 6 days gestation. The recommended time for maternal serum screening is 16 to 18 weeks gestation.

# Sequential screen order codes

• Providers will need to order sequential screen-specific tests for each step of the sequential screening process. The first trimester screening code **cannot** be utilized for patients undergoing sequential screening, as was practice with NTD Laboratories.

## **Registration of certified ultrasonographers**

• To reduce any delays in processing of specimens, ARUP has requested ACL register as many sonographers as possible prior to sending samples. Required information includes: sonographer name, certification number, and certification agency [Fetal Medicine Foundation (FMF) or Nuchal Translucency Quality Review (NTQR)]. Please reach out to Janine Rosenberg, Director of Referral Testing, at <a href="mailto:Janine.Rosenberg@aah.org">Janine.Rosenberg@aah.org</a> to initiate this process.



# Please reference the table below for a summary of the replacement assays.

	First Trimester Screen	Sequential Screen	
ACL Test Name(s)	First Trimester Prenatal Screen	Sequential Screen, Specimen #1 Sequential Screen, Sepcimen #2	
ACL Test Order Code(s)	LAB11270	Specimen #1: LAB11271 Specimen #2: LAB11272	
Assay Information			
Sample(s) collected	First trimester	First and second trimesters	
Specimen type	Serum	Serum	
First-trimester measurements	US: CRL, NT Blood: PAPP-A, total hCG	US: CRL, NT Blood: PAPP-A, hCG	
Gestational age requirements	Blood: 43–83.9 mm (11w0d–13w6d) NT: 38–83.9 mm (10w3d–13w6d)	Blood: 43–83.9 mm (11w0d–13w6d) NT: 38–83.9 mm (10w3d–13w6d)	
Second-trimester measurements	N/A	AFP, hCG, uE3, DIA	
Gestational age requirements	N/A	15w0d–24w6d (by previous CRL)	
Test Performance Data			
Down syndrome			
<b>Detection rate</b>	85%	86% after the second draw	
False-positive rate	6%	1.6% (0.6% at first draw; 1% at second draw)	
Trisomy 18			
<b>Detection rate</b>	~80%	90%	
False-positive rate	<1%	0.01%	
Open NTDs			
<b>Detection rate</b>	N/A	80%	
False-positive rate	N/A	1-2%	

 $AFP, alpha-fetoprotein; CRL, crown-rump \ length; DIA, dimeric inhibin \ A; hCG, human \ chorionic \ gonadotropin; LMP, last \ menstrual \ period; \ N/A, not \ applicable; \ NT, nuchal \ translucency; \ NTDs, neural \ tube \ defects; \ PAPP-A, \ pregnancy-associated \ plasma \ protein \ A; \ uE3, \ unconjugated \ estriol; \ US, \ ultrasound$ 

Please contact Janine Rosenberg at 847-349-7348 or <u>Janine.Rosenberg@aah.org</u> with any questions or concerns regarding this transition.